



**METALICON®**

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# i-stand

SWD222 - **INSTRUCTIONS**

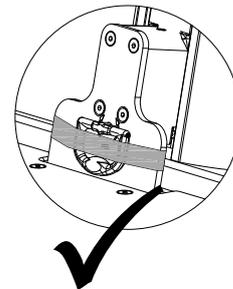
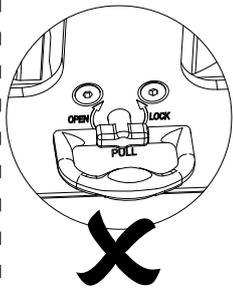


Assembly instructions for sit-stand desktop workstation  
with mounting for two monitors

## WARNING

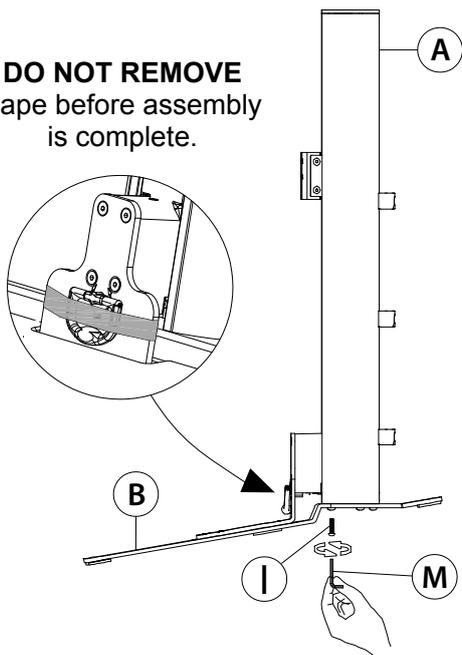
DO NOT REMOVE SAFETY TAPE FROM THE HEIGHT ADJUSTMENT HANDLE UNTIL ASSEMBLY IS COMPLETE.

The column could extend quickly causing injury or damage.

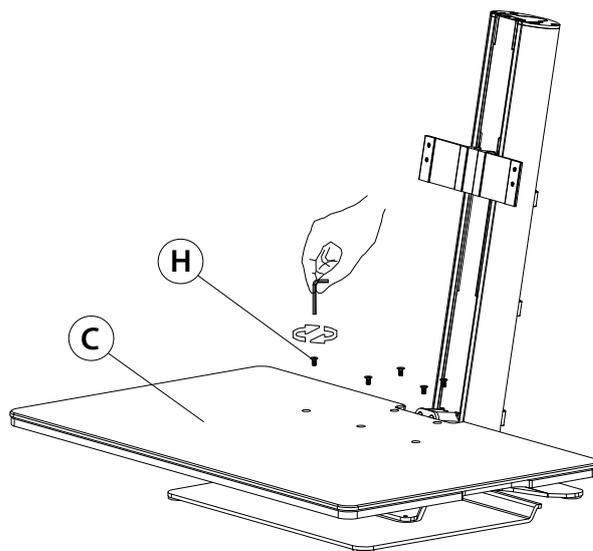


1. Attach the vertical column (A) to the base (B) using screws (I) and the tool provided (M).

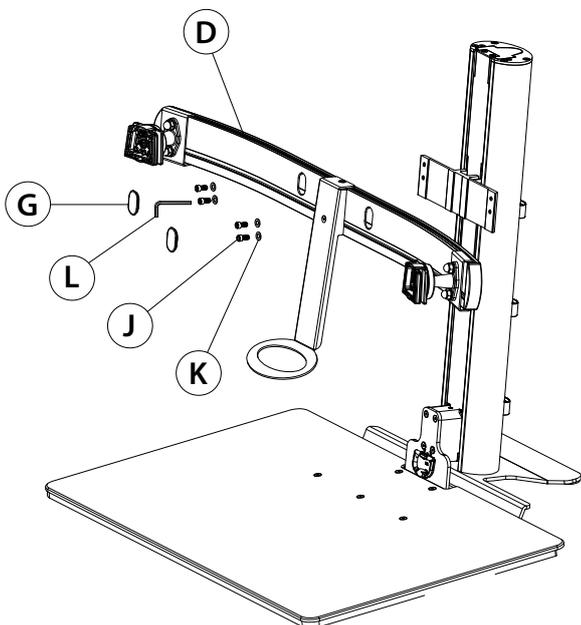
**DO NOT REMOVE**  
Tape before assembly  
is complete.



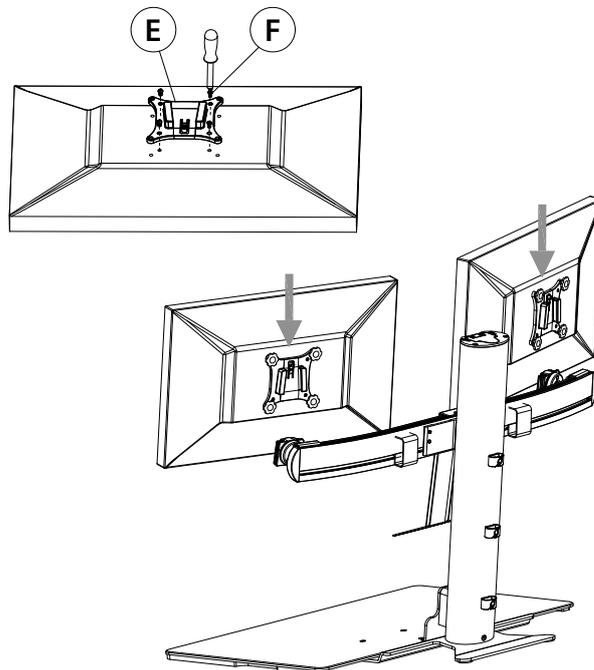
2. Attach the keyboard tray (C) using screws (H) and the tool provided (M).



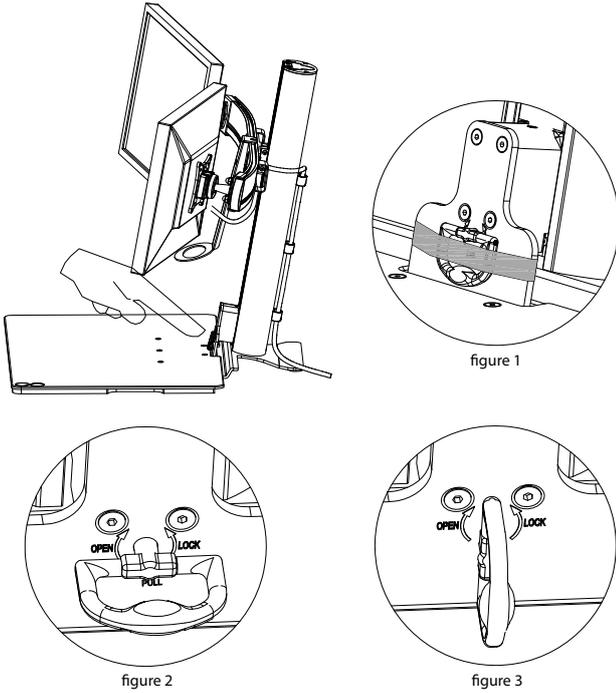
3. Attach the monitor rail (D) to the bracket using parts G, J and K with the supplied tool (L).



4. Fit VESA plates (E) to the back of your monitors using the screws provided (F) and then slot each monitor on to the arm.

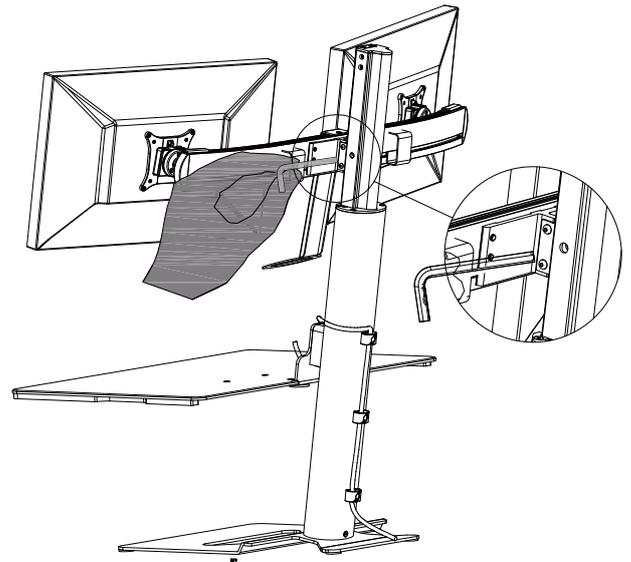


## 5. Keyboard tray height adjustment.



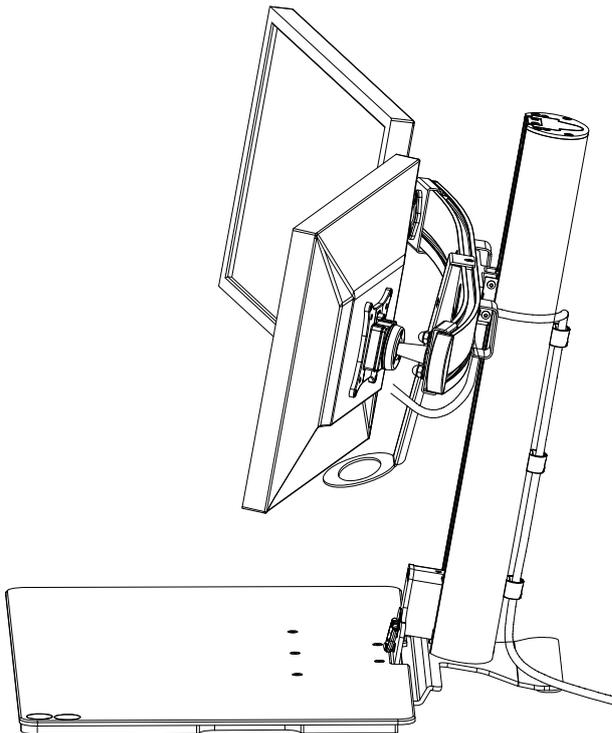
When assembly is complete, peel off the safety tape from the handle (figure 1).  
To unlock, pull the handle out (figure 2) and rotate 90 degrees (figure 3).  
Adjust the keyboard tray to the desired height.  
To lock, turn the handle back to the horizontal position and push it back in.

## 6. Monitor rail height and resistance adjustment.



Monitor height can be freely adjusted using the loop handle.  
If the monitors are very light or very heavy and the spring does not balance the weight of the monitors there is a friction adjustment.  
Align the hole in the column with the monitor rail bracket and adjust the screw with the hex key provided.

## 7. Cable Management.



Route the cables through the cable clips, up the back of the column and through the clips on the monitor rail.

**NOTE:** Ensure there is enough slack in the cable to allow full adjustment up and down.

# Parts List

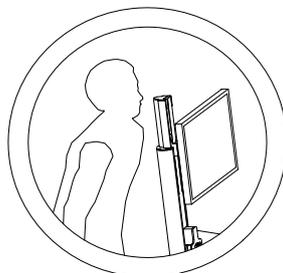
No.	Item	Name	QTY
A		Column	1
B		Base	1
C		Keyboard tray	1
D		Monitor rail	1
E		VESA plate	2
F		Cross head screws M4*12	8
G		Monitor rail cap	2
H		Socket cap screws M5*10	5
I		Socket head screw M5*20	2
J		Inner hexagon screw M6 x10	4
K		6mm Flat washer	4
L		5mm Hex key	1
M		3mm Hex Key	1
N		Keyboard wrist rest	1

Do not lean on the keyboard tray



Maximum equipment load 6kg  
(inc. keyboard and mouse etc)

Do not stand behind the column during adjustment



Leave sufficient clearance behind the i-stand to prevent hitting the wall at the highest setting-

Keep the area under the keyboard tray clear

